#EPWeek2021

# EMERGENCY PREPAREDNESS WEEK 2021

Emergency Preparedness: Be Ready for ANYTHING!

MAY 2ND-8TH



# **EMERGENCY PREPAREDNESS: BE READY FOR ANYTHING!**



























Across Canada, we face a number of natural hazards, which can vary from region to region. Knowing what to do during an emergency is an important part of being prepared. Find out more about risks in your region and how to prepare by visiting <u>GetPrepared.ca</u>. Then use this guide for information on what to do in different situations.

# CAN YOU 002

#### Be prepared

Everyone in Ontario is encouraged to be prepared — by creating a plan, assembling an emergency survival kit and by staying informed.

#### Make a plan

Learn what situations you need to plan for, such as where to go in an evacuation or how to reach family members.

#### **Build a kit**

Everyone should have an emergency survival kit, with the supplies needed to be safe and take care of yourself and your family for at least three days.

#### Be informed

Learn about emergencies as soon as possible:

- •subscribe to receive emergency alerts
- •follow @OntarioWarnings on Twitter
- •receive email updates



# **MAKE A PLAN**

#### WHAT YOUR PLAN SHOULD INCLUDE:

- A FAMILY COMMUNICATIONS PLAN HOW TO GET IN TOUCH WITH FAMILY.
- EVACUATION PLAN PICK 2 SAFE LOCATIONS TO GO TO IN CASE YOU NEED TO EVACUATE.
- EVACUATION ROUTE MAKE SURE EVERYONE IN YOUR FAMILY KNOWS HOW TO SAFELY EXIT YOUR HOME, EITHER BY THE MAIN ENTRANCE OR AN ALTERNATIVE.
- EMERGENCY NUMBERS TEACH YOUNG CHILDREN TO DIAL 911 IN AN EMERGENCY, KEEP A LIST OF EMERGENCY NUMBERS AND PLACE SOMEWHERE VISIBLE.
- FIRE & OTHER SAFETY FOLLOW GENERAL RULES FOR SMOKE ALARMS, CARBON MONOXIDE DETECTORS, AND FIRE EXTINGUISHERS. WHERE TO PLACE THEM, HOW OFTEN TO CHECK BATTERIES ETC.
- IMPORTANT DOCUMENTS MAKE COPIES OF IMPORTANT DOCUMENTS SUCH AS INSURANCE, BIRTH CERTIFICATES, DRIVER'S LICENCE, ETC. KEEP WITH YOUR PLAN, AND PUT IN A SAFE PLACE.



## **SAFETY FOR ALL**

NO TWO HOUSEHOLDS ARE THE SAME. WHEN BUILDING

YOUR FAMILY EMERGENCY PLAN,
BE MINDFUL OF THE SPECIAL
NEEDS AND CONSIDERATIONS OF
INDIVIDUALS IN YOUR OWN
HOUSEHOLD. BY EVALUATING
YOUR UNIQUE NEEDS, YOU CAN
BETTER PREPARE FOR ANY
SITUATION.

## **BUILD A KIT**

- •FOOD (NON-PERISHABLE AND EASY-TO-PREPARE ITEMS, ENOUGH FOR 3 DAYS) AND A MANUAL CAN OPENER
- \*BOTTLED WATER (4 LITRES PER PERSON FOR EACH DAY)
- •MEDICATION(S)
- •FLASHLIGHT
- RADIO (CRANK OR BATTERY-RUN)
- **•**EXTRA BATTERIES
- •FIRST-AID KIT
- CANDLES AND MATCHES/LIGHTER
- HAND SANITIZER OR MOIST TOWELETTES
- •IMPORTANT PAPERS (IDENTIFICATION, CONTACT LISTS, COPIES OF PRESCRIPTIONS, ETC.)
- EXTRA CAR KEYS AND CASH
- •WHISTLE (TO ATTRACT ATTENTION, IF NEEDED)
- \*ZIP-LOCK BAG (TO KEEP THINGS DRY)
- GARBAGE BAGS

If an emergency happens in your community, it may take emergency workers some time to reach you. You should be prepared to take care of yourself and your family for a minimum of **72 hours**.

# STAY CONNECTED

#### **DURING AN EMERGENCY**

- GET THE LATEST UPDATES BY ON TWITTER BY FOLLOWING @OntarioWARNINGS.
- Keep calls and texts short and brief to reduce network congestion.
- Don't call 911 unless a life is at stake.
- Don't waste battery life on mobile games, apps and videos. Dim your screen to preserve power critical communication.
- Forward your home phone to your mobile phone if you're forced to evacuate.
- Alert ready is canada's emergency alerting system. Alert ready delivers critical and potentially life-saving alerts to Canadians through television, radio, and Ite-connected and compatible wireless devices.



**Alert Ready** in Ontario is part of a <u>national service</u> designed to deliver critical and potentially life-saving emergency alert messages to Canadians. Emergency alerts are distributed on radio, TV and compatible wireless devices to help ensure that Ontarians have the critical information they need in emergencies to take necessary precautions to protect themselves and their families.

In Ontario, you can also subscribe to receive emergency alerts via SMS and email.

More information about Alert Ready in Ontario and to check compatibility of your wireless devices is available at ontario.ca/beprepared

Follow us on Twitter and Facebook to get the latest emergency information and tips on how you can prepare for an emergency.



# **STAY INFORMED!**

# **BE PREPARED!**

- RESOURCES
- TO LEARN MORE ABOUT EMERGENCY PREPAREDNESS, VISIT <u>GETPREPARED.CA</u> OR ON YOUR MOBILE DEVICE AT <u>M.GETPREPARED.CA</u>
- ENVIRONMENT CANADA WEATHER OFFICE WWW.WEATHEROFFICE.GC.CA

  1-900-565-4455; A \$2.99 PER-MINUTE CHARGE APPLIES CHECK THE BLUE PAGES IN YOUR LOCAL
  PHONEBOOK UNDER WEATHER FOR WEATHER REPORTS AND FORECASTING AVAILABLE BY PHONE.
- CANADIAN RED CROSS <u>WWW.REDCROSS.CA/PREPARE</u>
   613-740-1900 OR CHECK FOR YOUR LOCAL BRANCH PHONE NUMBER.
- ST. JOHN AMBULANCE <u>WWW.SJA.CA</u>
  613-236-7461 OR CHECK FOR YOUR LOCAL BRANCH PHONE NUMBER. TOLL-FREE: 1-888-840-5646
- SALVATION ARMY <u>WWW.SALVATIONARMY.CA</u>
   416-425-2111 OR CHECK FOR YOUR LOCAL BRANCH PHONE NUMBER.
- ONTARIO

OFFICE OF THE FIRE MARSHAL AND EMERGENCY MANAGEMENT TELEPHONE: (647) 329-1100 / TOLL-FREE 24 HOUR LINE: 1-800-565-1842 WWW.ONTARIO.CA/BEPREPARED