

Manitoulin Island Defeat Depression Walk







#DEFEATDEPRESSION

ManitoulinIsland.DefeatDepression.ca

Join us, In partnership with the Sudbury organization, Together We can Defeat Depression! With your support we are raising funds to directly change the way society views mental illness and support mental health initiatives.

May 27th is National Defeat Depression Day. On May 28th come celebrate your achievements and success by attending an organized walk in Providence Bay starting at the fair grounds. After registration you can enjoy a group warm-up before the walk.

Proceeds of this event support:





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Mood Disorders Society of Canada Société pour **les troubles de l'humeur** du Canada



Date: May 28, 2023

Location: Providence

Bay Fair Grounds

Time: Registration at 9:30am, 3km Walk at 10:30am

Walkers, volunteers and sponsors needed!

Contact Jessica for more info @ ManitoulinIsland@DefeatDepression.ca

Title Sponsor

Participating Sponsors

Supporting Sponsors









